

PRESS RELEASE
For Immediate Release

Stress, depression and sleep disorders countered by breakthrough Harmonial Sensorial System which combines customized colors, shapes, sounds, music, and images

BOCA RATON, FL November 5, 2007 -- The naturally therapeutic powers of color and music were discovered by the ancients. Today, the Harmonial Sensorial System is the first in the United States to offer an innovative, customized therapy which integrates colors, shapes, sounds, music and images to counter the effects of stress, depression and sleep disorders. It is being marketed nationwide to day spas, psychiatric and chiropractic practices, fitness and holistic centers, major hotels and resorts.

The new-to-America Harmonial Sensorial System, which restores balance, wellness and daily efficiency in its clients through a truly individualized approach, is available from Boca Raton's Harmonix Corp, exclusive U.S. distributor.

'The ultimate in relaxation'

"Many who've experienced this breakthrough therapy have tagged it the 'ultimate in relaxation,'" says psychiatrist Dr. Raul Rodriguez, medical advisor for Harmonix. He is the founder of the Delray Center for Healing (Delray Beach, Florida), which provides a broad range of services to achieve physical and emotional wellness. "Harmonial therapy is the perfect complement to our anti-stress services," says Rodriguez.

Successful Treatment of Depression

"Depression is becoming increasingly common, and further erodes at the individual's quality of life," says Rodriguez. "For many, the experience of happiness increasingly seems like a faint memory. Harmonial therapy, psychotherapeutic and medical treatment are extremely effective in combating depression and sleep disorders. Client acceptance of this revolutionary therapy has been so phenomenal that we expect to soon be installing our fourth Harmonial Systems at our center."

Developed in Europe

The Harmonial System was developed, tested and successfully utilized in Europe for over 15 years. Scientific research has shown that the use of color and sound has healing effects on the human body. Dr. Elisabeth Rosse, Ph.D., the creator of Harmonial, says, "The Harmonial concept primarily works on the right side of the brain with each color inducing a physical reaction that helps to regulate and stabilize our entire central nervous system. There has been much research done to prove what the right combination of color, light and music can do to help put the human mind and body into balance to regain or maintain optimal health."

What's Do Clients Say about Harmonial?

Denise, age 57, says, "The experience with colors, music and sounds took me on a magical journey. I can truly say that this rejuvenated my total mind and body. I felt like I went on a mini-vacation. I can't wait for my next session."

Veronica, 27, says, "My experience was unlike anything I've ever done. I felt like my body was taken over by the music and images on the screen. I felt a variety of different emotions -- happy, sad, anxious, relaxed and thoughtful -- all culminating in a sense of inner strength and calm."

Gail, 63, says, "I found it amazing. Not only was I totally relaxed but was so very impressed by the mechanism of sensing my emotional state and its feedback system."

Harmonial's 4-Step Diagnostic System Creates Customized Sessions

Step 1: Color Reaction Test (Lumitest)

The Lumitest, which is connected to the computer, analyzes your physiological and psychological reaction to each color shown on a large screen to determine if your body is tense, nervous, calm, strong or weak when viewing each color. Each color corresponds to an organ of the body and the Lumitest determines which colors are essential for de-stressing your mind and body.

Step 2: Personalized Questionnaire

In the initial consultation you answer 23 questions to help establish your general health, personal preferences, overall mood and emotional state. (In following sessions you answer only three questions, allowing the system to evaluate and adjust the previously recorded information to adapt the Harmonial session accordingly.)

Step 3: Analysis

Harmonial prepares your personalized session which lasts 26 minutes.

Step 4: Harmonization Sessions

Each session involves moving shapes, colors, sounds and music with images involving the four elements found in nature.

For more information, call Harmonix Corp at (888) 446-3747 or visit www.harmonial.net.

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